ADULTS LIVING WITH A DCC PROGRAM

The Adults Living with a DCC Program is designed for adults (18+) <u>ONLY</u> who have been diagnosed with a Disorder of the Corpus Callosum. Please join us in these discussions and share your experiences, difficulties and successes with other adults living with a DCC. Sessions are moderated by professionals, and intended to be highly interactive with candid discussions, question/answer time, and role-playing. This year's program will be led by Jasmin Turner, MA, with the support of a dynamic team doctoral candidates studying the cognitive and psychosocial impact of agenesis of the corpus callosum, including Brianna McNichol, University of Iowa, and Kaitlyn Bennett, MA, Nathan LeFebre, MA, Allison Nobles, MA, Kameron Rigg, MA, Edita Shahnazarian, MA from the Fuller Seminary/Travis Research Institute, Human Brain and Cognition Laboratory under the supervision of Dr. Warren S. Brown.

PROGRAM PRESENTERS



Jasmin Turner, MA (NODCC Board of Directors) is a PhD student in the Clinical Psychology program at the University of Iowa. She works in the Social Cognitive Neuroscience Lab, where her research focuses on brain connectivity underlying emotion and social cognition. Ultimately, she hopes to better understand the development of social-emotional processes and mental health outcomes in individuals with neurodevelopmental disorders and is committed to enhancing the mental well-being of those within the neurodivergent community. Prior to her PhD, Jasmin earned her MA in Clinical Psychology at California State University, Northridge. She continued her academic journey as a research coordinator at Caltech, where

she worked alongside Dr. Lynn K. Paul, studying behavioral development in infants and children with agenesis of the corpus callosum. This experience fueled Jasmin's passion for working with individuals affected by disorders of the corpus callosum.



Warren S. Brown, Jr., PhD (NODCC Board of Directors) is Professor of Psychology at the Graduate School of Psychology at Fuller Theological Seminary and founder of the Travis Research Institute. He received his PhD in Experimental Psychology from the University of Southern California. He is actively involved in neuropsychological research, particularly related to the consequences of agenesis of the corpus callosum for intellectual and social abilities. Among his more than 100 research publications are 50 articles on the neuro-psychology of ACC. Dr. Brown also co-authored over 100 presentations at scientific meetings regarding his research on ACC.



Lynn K. Paul (Sternberg), PhD (Former NODCC Board President) Dr. Lynn K. Paul is currently serving as Senior Research Scientist at California Institute of Technology, Pasadena, CA where she is directing a research program studying brain-structure, cognition, and social processing in disorders of the corpus callosum. Dr. Paul received her PhD in Clinical Psychology from Fuller Graduate School of Psychology, Pasadena, CA working with Dr. Warren Brown, and completed a residency in clinical neuropsychology from the Department of Neurology, University of California, Los Angeles, CA. Dr. Paul also conducts neuropsychological assessments and consultations regarding DCC through her private practice, L.K. Paul and Associates.

PROGRAM SCHEDULE

NODCC reserves the right to change the schedule at any time. Revised 6/14/24

In addition to the program's special sessions, adults with a DCC may attend these general sessions:

Thursday: Scientific Research to Understand Corpus Callosum Disorders: Motivation & Goals

Facilitating Research: Partnership between Families & Scientists

Genetic Research Update

A 5-year Update from the ACC Infant Study: What We've Learned so Far

Living with DCC: The Researchers Among Us

Friday: Disorders of the Corpus Callosum: The Basics

Understanding Social Security: Childhood thru Adulthood

Medications for Challenging Symptoms

Financial Planning, Guardianship & Alternative Support Understanding Hypoplasia & Partial Corpus Callosum

Saturday: Genetics and DCC

Epilepsy and Seizure Management

Nourish the Brain: Neuronutrition to Support Brain Health & Neurocognitive Function

Creative Arts Therapy (Music, Art, Drama)
Welcoming a Service Dog into Your Home

Thursday, June 27

6:00 – 8:00 Conference Attendees Meet & Greet (Salon 8)

7:00 – 9:00 Adults Living with a DCC: Games & Movie Night (Salon 8)

Friday, June 28

9:00 – 10:30 **Welcome & Introductions** (Salon 8)

During this session participants will introduce themselves and share their name, age, type of disorder, city, state, living situation, education, employment situation, why they came to the conference, and what they hope to gain from the conference.

10:30 - 11:00 Break

11:00 – 12:30 **Discussion: Knowledge is Power** (Salon 8) Moderator: Jasmin Turner, MA

Moderator: Lynn K. Paul, PhD

Moderator: Jasmin Turner, MA

During this discussion we will explore how a DCC impacts brain function, cognition, and social interaction. Through a blend of neuroscience, psychology and personal anecdotes, our aim is to equip individuals diagnose with DCC with empowering knowledge; a deeper understanding of their experiences; and the promotion of personal growth and resilience.

12:30 – 2:00 Lunch (Grand Ballroom)

2:00 - 3:30 **Discussion: Mental Health & Emotion Regulation Strategies** (Salon 8)

Moderator: Jasmin Turner, MA

This session will provide information on mental health and effective emotion regulation strategies for individual diagnosed with a DCC. We will explore practical techniques for navigating and managing emotions in everyday life. Overall, this discussion aims to introduce tools that will cultivate resilience, enhance well-being, and help individuals living with a DCC thrive in the face of challenges.

3:30 - 4:00 Break

4:00 – 5:30 **Group Activity: Art Therapy** (Salon 8) Moderator: Jasmin Turner, MA

During this session, we will use art and guided exercises to explore emotions and personal narratives in a supportive and non-judgmental space. By harnessing the power of creativity, individuals are offered a platform for self-expression where they can process difficult emotions and gain a better understanding of themselves.

6:30 – 8:00 **Banquet Dinner** (Grand Ballroom)

8:00 – 9:00 **Evening Entertainment: The Alley Cats** (Grand Ballroom)

Saturday, June 29

9:00 – 10:30 **Ask the Researcher** (Salon 8)

Moderator: Warren S. Brown, PhD Moderator: Lynn K. Paul, PhD

An informal session in which Adults diagnosed with a DCC may ask medical and behavioral questions regarding their DCC diagnosis with answers and information from Research Scientists, Dr. Warren S. Brown and Dr. Lynn K. Paul.

10:30 - 11:30 Break

11:30 – 4:00 Off-Site Activity: King Rosemont Lunch & Bowling

Enjoy a group lunch and fun at Kings featuring 10-string bowling lanes, arcades, and other games, such as billiards, giant Jenga, connect four and more. Kings is equipped with best-in-industry sound systems, and over 50 HDTV's & Projection Screens to catch all of the action.

4:15 – 4:45 New Connections: Supporting the NODCC Thru Volunteerism (Salon 8)

Moderator: Jennifer Little, MA

Learn how you can contribute your time, talents and energy to help the mission of the NODCC.

6:30 – 10:30 **Barbecue Dinner and Dance** (Grand Ballroom)

8:00 - 8:15 **Conference Attendees Group Photo** (at Dance in Grand Ballroom)

Sunday, June 30

9:00 – 10:30 **Social Skills & Relationships** (Salon 8) Moderator: Jasmin Turner, MA

This session will combine psychological research, practical tips and interactive discussions to help participants navigate social situations with confidence. Participants will acquire tools and strategies needed to cultivate fulfilling connections and meaningful relationships.

10:30 – 11:00 Break & Transition to Grand Ballroom Moderator: Jasmin Turner, MA

11:00 – 12:00 Panel: Ask Adults Living with a Disorder of the Corpus Callosum

(Grand Ballroom) Moderator: Jasmin Turner, MA

12:00 Conference Concludes