New Parent Checklist: Prenatal to Age 3 (DCC Diagnosis)

This worksheet is designed to help you organize and track important steps following a diagnosis of a disorder of the corpus callosum (DCC). It is divided by age range to guide you through relevant tasks during your child's first three years. Every child is different—take the steps that make sense for your family.

Prenatal – Newborn (0–2 months)

☐ Request and save a copy of your baby's MRI or CT scan

☐ Begin a medical binder or digital file for organizing appointments and test results

☐ Identify a primary pediatrician or developmental pediatrician

☐ Get referrals to specialists (neurology, genetics, etc.) as needed

☐ Consider connecting with a counselor or support group

Infant (2–12 months)

☐ Contact your local Early Intervention (EI) or 'Child Find' program

☐ Schedule a developmental evaluation through EI or pediatrician

☐ Begin recommended services (OT, PT, SLP)

☐ Keep a milestone journal or log to track development

☐ Collect and store copies of therapy and evaluation reports

Toddler (12–36 months)

☐ Continue or begin additional therapies as recommended

☐ Update goals with your Early Intervention team

☐ Begin looking into preschool transition (starts ~2.5 years old)

☐ Contact school district for IFSP-to-IEP transition

☐ Ask about respite care or in-home support services

☐ Consider a neurodevelopmental evaluation if needed

Ongoing (Any Age Birth to 3)

☐ Connect with other parents through NODCC or support groups

☐ Take short videos every few months to document progress

☐ Use apps or folders to organize appointments and paperwork

☐ Prioritize self-care and rest when possible

☐ Share your child’s needs with supportive friends and family